



## The LBCAI AGM 2016

The Conference incorporating the AGM will take place on Saturday 1<sup>st</sup> October 2016 at 9.30am-2:00pm in the Sheldon Park Hotel Kylemore Road Dublin 12.

### Guest Speaker Paul Delahunt



Since 2007 Paul has been exploring the whole area of Heart centred coaching and facilitation with the intention of helping others to fulfil their life's purpose. Paul explains "Heart Centered coaching and facilitation is all about helping people to access that place within themselves that when opened allows Light & Wisdom to shine through. The outcome of this is a Life filled with Love & Abundance rather than a life largely influenced by fear & scarcity."

In 2007 Paul Delahunt completed a Diploma in Business, Executive & Personal Coaching with the Coaching Institute of Ireland and spent an additional year on the same program as coach mentor. In 2014 after facilitating 100's of hours of both formal and informal coaching Paul was offered the opportunity to contribute to an LBCAI accredited Diploma in Life and Business coaching as a Shadow Coach with Jack O'Sullivan from Rainbow Consulting.

Paul started off his professional career by completing a Tool making apprenticeship in 1986 and graduated with a Mechanical Engineering Diploma from Sligo institute of Technology in 1992. Paul has worked in the High Technology manufacturing environment for over 34 years and currently works as a Manufacturing Engineering Manager with American multinational Molex in Shannon. On accepting his first leadership role Paul realised that being able to truly connect & communicate with people was absolutely critical in creating a high performance environment.

A workshop that will enhance your coaching so it is one not to miss see you there.